



Area 6D EXTRA™ Program Guidelines

Effective for MY2011/2012

I. AYSO VISION AND MISSION STATEMENTS:

VISION

The AYSO vision is to be the nationally recognized youth soccer program of choice.

AYSO MISSION STATEMENT:

The AYSO Mission is to develop and deliver quality youth soccer programs where everyone builds positive character through participation in a fun, fair, safe, family environment based on the AYSO philosophies:

EXTRA PROGRAM MISSION STATEMENT

To recruit and retain highly competitive youth soccer players who enjoy the AYSO philosophy of teaching soccer. To increase AYSO's presence in the community and accommodate player desire for more competitive play the AYSO way.

II. PURPOSE OF THESE GUIDELINES

These Guidelines were designed to clearly outline and articulate the criteria and requirements Regions shall abide by for participation in the EXTRA program, and to provide a common structure and understanding of how our EXTRA program operates. A key attraction feature of the EXTRA program is the ability to compete on a level playing field with teams from neighboring Regions. In order for inter-regional play to flourish and remain a core attraction, it is critical that all Regions abide by a common set of standards.

It should be noted that the common set of standards outlined herein:

- Is completely consistent with existing AYSO doctrine; in some areas more specific direction is provided for the purpose of standardizing the experience across Regions. Our existing standard Regional Guidelines provide governing principles within Regions and by definition allow for some latitude so that individual Regions can customize their program to the local environment. More specific structures are required to ensure that inter-regional play, in this case the EXTRA program, is not subject to different rules and conditions depending on where the matches are played.
- Is also consistent with the way all quality youth sports organizations operate as far as their equivalent of inter-regional play is concerned. For example, Little League Baseball, Pop Warner Football, CYO basketball, etc., all abide by relatively strict doctrine when it comes to rules and structures governing competition.

Participating in the EXTRA Program will require adherence to the criteria and requirements contained in this handbook. This includes prior and annual approval by the National Board of Directors and Area Director and compliance with all reporting and other requirements. The purpose of these requirements is not to add bureaucracy to what should be a player-focused program, but to ensure that all parties involved are sharing the same set of standards and methods of program implementation.

III. AYSO PHILOSOPHY IN RELATION TO THE EXTRA PROGRAM

All AYSO Rules and Regulations, National Board of Directors policies and EXTRA Teams Program administrator's decisions shall be followed. The guiding principal of the EXTRA Program are the core AYSO philosophies. This describes the practical applications of the philosophies in the EXTRA environment:

Everyone Plays

Every player must play at least half a game. **No player may play four quarters until all players have played three quarters.** In the U10 Division no player may play more than half a game as goalkeeper.

It is the responsibility of the coaches to plan playing rotation in such a way as to ensure playing time is distributed in this manner, regardless of game situation. Game situations or the desire to make tactical player moves in "close" games are not acceptable criteria for failing to abide by the playing time rule.

Violations of any portion of this Everyone Plays policy will be reported to the AEPC.

- For the first offense: Given a warning - will go to both the coach and appropriate Regional Commissioner
- For the second offense: Suspended from the Program for one game.
- For the third offense: Suspended from the Program for one full season. Due process will be afforded as outlined in existing AYSO procedures and guidelines. Coaches are also reminded that they are responsible for the behavior of parents and spectators associated with their team, which may require heightened sensitivity due to the level of "competitiveness" that is expected in a program of this nature. (A pre-season team meeting to state the policy clearly and to affirm Kids Zone principles is strongly recommended).

Positive Coaching

Existing AYSO rules and guidelines apply. Please review this philosophy in your U12 coaching manual. Nothing new is required for EXTRA program coaches, other than the addition of sanctions, which will be applied to non-positive behavior by coaches, assistants or parents/spectators associated with the coach's team. Sanctions: Any coach or assistant coach cited for non-positive behavior in a game report by or verified by the referee will be:

Violations of any portion of this Positive Coaching policy will be reported to the AEPC.

- For the first offense: Given a warning - will go to both the coach and appropriate Regional Commissioner
- For the second offense: Suspended from the Program for one game.
- For the third offense: Suspended from the Program for one full season. Due process will be afforded as outlined in existing AYSO procedures and guidelines. Coaches are also reminded that they are responsible for the behavior of parents and spectators associated with their team, which may require heightened sensitivity due to the level of "competitiveness" that is expected in a program of this nature. (A pre-season team meeting to state the policy clearly and to affirm Kids Zone principles is strongly recommended).

Balanced Teams

In cases where more than one team is to be formed within a Region, the Region shall form balanced teams. "A/B" teams will not be accommodated and creation of such teams is prohibited.

Good Sportsmanship

Existing rules and guidelines apply with one addition. For the EXTRA Program, one measure of Good Sporting Behavior is to be defined by the goal margin of any game. Since it is impossible to balance teams across Regions when the player pool for any team is by definition restricted to an individual Region, EXTRA team coaches need to have a heightened awareness to the possibility of an imbalanced match, and reminded that per AYSO philosophy, one-sided games (aka "blowouts") are not acceptable outcomes for an AYSO match. As such, sanctions will be applied to lack of good sporting behavior as determined by the goal differential of the match.

Regional Sportsmanship Committee

Each region will have a volunteer committee comprised of EXTRA parents that will rotate the responsibility of monitoring Good Sportsmanship i.e. positive cheering only, no coaching, no negative words or actions, no negative interaction with other parents; at every home game and be available as a resource during away games.

IV. AREA STAFF - EXTRA PROGRAM MANAGEMENT TEAM

The Area Director will select the following Area-level volunteers to administer the program in conjunction with him or her self: the Area EXTRA **Program Coordinator** (AEPC), Area EXTRA Program **Coaching Coordinator** (AECC), and Area EXTRA Program **Referee Coordinator** (AERC).

This team, together with the Area Inter-Regional Play Director (AIPD), will administer the program, support the Regions ensuring that each region is achieving the goals mandatory of the program, and serve as the main compliance and review mechanism for all program requirements.

Area EXTRA Program Coordinator (AEPC)

- Trained to the highest level of program for Management.
- Have at least five years experience as an AYSO volunteer. Have highly developed organizational skills and motivational ability

Area EXTRA Program Coaching Coordinator (AECC)

- Trained to the highest level of the coaching program (Advanced or preferably National Coach).
- Have at least five years experience as an AYSO volunteer. Have highly developed organizational skills and motivational ability

Area EXTRA Program Referee Coordinator (AERC)

- Trained to the highest level of the referee program (Advanced or preferably National Referee).
- Have at least five years experience as an AYSO volunteer Have highly developed organizational skills and motivational ability

Area EXTRA Tournament/Playoff Coordinator (AETC)

- Volunteer with strong organizational, coordination and communication skills.
- Have at least 2 years of AYSO experience as volunteer.

Any issues or concerns regarding the program shall be brought to the appropriate Area EXTRA Program volunteer.

V. TEAMS AND TEAM CREATION

A. Coach Selection

Having our best-trained and most motivated volunteers coaching teams in the EXTRA Program is a critical part of ensuring the success of the program. Highly trained AYSO Coaches are a second to none in terms of their ability to train and motivate players, as well as manage matches in full accordance with AYSO principles. We have found that in 90%+ of the cases involving game disputes, the issues which generated those disputes could have been mitigated with proper training and commonly understood principles on the part of the coaches. As is the case with other youth sports programs, and also in other youth soccer programs (where the USSF or USYS mandates coaching licenses acquired through training), coaching in the AYSO EXTRA Program is a privilege that requires proper training. All program coaches must be in place prior to any selection of players. Coach selections must be handled well and sensitively. Coaches will be selected within the Regions using the following criteria:

- All coaches must fill out an EXTRA Program Coach Application.
- The Regional Board shall approve the team coaches.
- All head coaches and assistant coaches must be age-appropriately trained, but be at least a U12 level coach, be Safe Haven certified, and have a current Volunteer Application on file at the NSTC.
- **All coaches must have demonstrated the abilities and positive behavior that properly qualify them to coach EXTRA Program players.**
- Coaches must have demonstrated commitment to AYSO program rules and regulations.
- **Coaches must have exhibited the highest standards of the AYSO philosophies.**
- Upon completion of the mandatory EXTRA Coach's Orientation Course, coaches will be issued with an EXTRA Program ID card which must be carried at all EXTRA Program games and be produced on demand by game officials. Only coaches with ID are allowed to coach an EXTRA game. In the event of an EXTRA program coach is sent off (ejected) and there is not another EXTRA Program coach WITH an ID card is available, the game will be abandoned and forfeit points awarded to the opposing team.
- **All Coaches must attend the mandatory EXTRA Coaches meeting to be held not less than 14 days before the beginning of each EXTRA season in order to obtain the above cited ID Card.**
- It is expected that all EXTRA coaches will continue to support the standard primary program of their home region in some manner. This could be as a team coach, assistant coach, coach instructor or even coach mentor.

NOTE: There will be no waivers of coach qualifications

Coaches may apply to coach a team prior to securing the necessary credentials, but those credentials must be achieved 14 days prior to the start of the season.

B. Use of Paid Trainer

The Area administration will select one organization/company to provide trainers for all Regions participating in the EXTRA program. Each Region will be responsible to contract and pay the selected organization/company's services. Each trainer will train each team for one exclusive hour each week. At the same time the Trainer will train the assigned team coaches. The trainer is to be present at 2 games on the weekend to observe and determine training for the following week. The trainer is to be present at each team's games no less than 2 times per session. Each Trainer will assist with player evaluations at the end of the session and tryouts for the next fall/spring session, assist with recruiting players, reinforcing age-appropriate player training and AYSO philosophies with all participants. A Trainer may also provide direction and guidance in the development of coaches. The role of Trainers in AYSO must be to improve the playing skills of players and to affect the overall quality of AYSO's volunteer coaches through mentoring them at practices. Trainers may play no role on game days other than to observe and make notes to share with a coach at the next practice.

No single region or team may pay for additional trainer sessions.

Trainer to hold team/coach training sessions for all regions participating in the EXTRA Play program. Each region will utilize a Non-EXTRA team sign-up program to be posted on Regional Website.

C. Player Eligibility and Assignment

In order to be eligible, a player must be registered in the current year in the primary AYSO program, and be an active participant in the primary program (minimum standard defined as participating in more than 50% of assigned team's games). Player selection must be open to any who is of appropriate age as of July 31, See Exhibit 1.

If an EXTRA Program player fails to participate in a minimum of 50% of primary team matches, he/she will be restricted from playing any EXTRA Program matches until the minimum attendance is met for the primary team matches.

In order to tryout for an EXTRA team, players must either be registered with AYSO or complete the Non-AYSO Registered Participant Form. If a Non-AYSO Registered Participant Form is used to tryout, player must pay a minimum fee of \$5.00 (paid to National for insurance). There is no requirement that EXTRA players have previously played or registered as AYSO players. Players shall be selected through an evaluation and selection process described below. The AYSO National Support & Training Center player database shall be the source of determining all players' current registration status, the creation of team rosters and ID cards.

The Area will seek to create divisions based on TWO year increments based on soccer age in AYSO regulations. Regions are encouraged to form teams using precise soccer age eligibility; if there are less than the maximum roster allowed player slots, players will be permitted to play "up". Players can play "up" at a maximum of one age-year increment (no 6 year olds in the U10 program, no 8 year olds in the U12 program, etc) and the player also must be playing in the higher division in the primary program. There may be cases where this will support balanced teams or provide EXTRA team opportunities for more players by allowing formation of another team. Any exceptions to the one-year up regulation must be approved in writing by the AD, the AEPC, and the AIPD. If a region participates with more than one team in any division, the teams within that region must be balanced with regard to skill and age level.

The overall team division designation is based on the age/division status of the oldest player on the team.

D. Player Selection and Season Format

All player evaluations will be done by region/gender timeslots. A hired trainer, assisted by AYSO Advanced or National Certified coaches will assist in assigning of evaluation points. Players will be evaluated on: Dribbling, Passing, Ball Control, Athleticism and Attitude. Attitude includes ability to listen and follow instruction, and preparedness with proper equipment. Neither the hired trainer nor the AYSO certified coaches assisting in evaluations will seek an EXTRA Coaching position in any region they evaluate players, eliminating preferential or biased evaluation point assignments.

Fall/Spring tryouts will be held during the previous spring session and held within the region (on their scheduled training night) allowing equal time per gender and division. All players will be notified timely regarding selection for the EXTRA Program teams.

To ensure IR competitiveness, all regions will be required to roster appropriate aged players and field appropriate sized teams. The minimum player number per team and restriction of players "playing up" are as follows: U10 minimum of 7 and a maximum of 10 players; U12 minimum of 9 and a maximum of 12 players. No more than 2 players per team are allowed to "play up". See "**Player Eligibility and Assignment**" for rules regarding playing up.

Player Vacancy Policy: Any player who formally drops from his/her team shall be replaced using the following guidelines. Utilizing the most recent player try-out sign up form with evaluation points assigned, the player with the next highest scoring will be contacted and given opportunity to play on the EXTRA team. If no players are on the original tryout list, the region in, consultation with the Area board and team trainer, will hold a special tryout session, in conjunction of team training where all players eligible for the EXTRA team vacancy will be invited. The criteria for selection will be the same as the most recent tryouts.

Season format: Fall Session- pending field, weather and volunteer availability, and as many matches as determined by the Area administration.

E. Parent Participation

The EXTRA Program cannot be successful without support from the players' parents. This means that the parents do what is required of them, while keeping the goals of the EXTRA Program and AYSO in view. Again, it is critically important that parents involved with this program understand that the more self-selecting nature of the program does NOT mean that AYSO philosophies can be compromised. To that end, **parents of EXTRA Program players will be required to attend a pre-season team or program meeting conducted by the Region or Area, where information, requirements and expectations including an appropriate parent video will be viewed and are discussed.** As is already the case in the primary program, failure by parents to comply with any aspects of the EXTRA and the Primary Program may jeopardize their child's ability to participate. Each player must have a parent or guardian sign a Kids Zone Pledge form prior to participation. Due to the extensive use of resources and volunteers,

parents will be strongly encouraged to volunteer in their home region with either the primary program or the EXTRA Program. Some parents may also be required to participate at the Area level regarding the EXTRA Program.

Regional Sportsmanship Committee: Each region will have a volunteer committee comprised of EXTRA parents that will rotate the responsibility of monitoring Good Sportsmanship, i.e, positive cheering only, no coaching, no negative words or actions, no negative interaction with other parents at every home game and be available as a resource during away games.

F. Uniforms

The uniforms worn by the EXTRA Program teams must conform to AYSO National Rules and Regulations including the requirement for the AYSO logo to be prominently displayed on the left breast of the shirt. Additionally, the AYSO EXTRA Logo/patch must be displayed on the upper right sleeve of the player's jersey and the lower right front of the shorts. All coaches must wear an approved coach's shirt of the same color scheme of its players with the AYSO logo to be prominently displayed on the left breast of the shirt and the AYSO EXTRA Logo displayed on the upper right sleeve. All existing AYSO regulations regarding marking of the uniform must be followed (including the prohibition on player names). Regardless of the style of uniform chosen it will be imperative that all players suit up in identical uniforms for a match (i.e. matching jersey, soccer shorts (no graphics –manufacturer logo only), and socks). Teams or Regions need to take this into account when budgeting for the cost of uniform items. The only acceptable (and required) variation from one uniform to the next is the jersey number.

Uniform colors for each Region will be selected by the AEPC and shall remain the same color for both genders and all divisions in hue and style for the intention of using for consecutive seasons. An alternate jersey or pinneys may be required as team numbers increase.

G. Disputes

In the event that a dispute arises concerning the formation or conduct of an EXTRA team, that complaint must be filed in writing with the AEPC and the AIPD. The AEPC and the AIPD then have the right to discuss this matter with the relevant Regional Commissioners and/or the Area Director. If the matter is not resolved to the satisfaction of the AEPC and the AIPD, the Area Director will take appropriate action in accordance with the Area Guidelines and the EXTRA Program rules.

VI. REFEREES

A. Referees-Requirements

A referee plan is required and careful preparations should be made in order to provide sufficient referees at the proper levels.

- Referees must be AYSO trained and Safe Haven Certified be a current Volunteer
- Referees may only center matches in divisions for which they are already certified based on their training and badge level. The Referees for the EXTRA Program must be as follows:
 - U12 and lower – Regional Referee or higher
 - U14 – Intermediate or higher and experienced Regional Referees
 - U16 – Advanced or higher and experienced Intermediate Referees
 - U19 – National Referee or higher and experienced Advanced Referees
- Referees must have exhibited the highest standards of the AYSO philosophy.
- The Regional Referee Administrators will determine which referees are eligible according to badge level.
- The RRAs and Regional Directors of Assessment of those regions will determine which of those referees are capable of handling these higher-level games.
- The RRAs will submit their lists of eligible, selected and capable referees to the Regional EXTRA Program Director and through to the AERC, who has full program responsibility once a sufficient roster of referees is presented.
- The Regions will be responsible for ensuring that a qualified, uniformed referee is provided for each game it hosts.

B. Referees – Game Management

All authority, duty, and responsibility of the referee in primary AYSO apply in the EXTRA Program as well. EXTRA Program referees will be asked to perform one additional item, specifically a formal pre-game meeting of the referee and the opposing coaches for a brief discussion away from the players. At this pre-game routine, the match referee will reinforce to the opposing coaches that:

- They are expected to exhibit AYSO sportsmanship and positive coaching protocols.
- They are responsible for the actions and behaviors of their players and spectators associated with the team.
- All games will start no later than 10 minutes past their scheduled time. If at such time, one team is not able to field the minimum number of players, the scheduled Center Referee will call the match abandoned and forfeit points will be awarded to the opposing team. Should an abandoned game be called, players should be evened and a "friendly" game played.
- Only the Center Referee, in conjunction with the field owners may cancel or postpone any match. Any cancelled match must be reflected in the game card submitted to the EXTRA Referee Administrator.

- The six-goal margin is in effect, and that the coaches should work together to take corrective measures in the event of an imbalance.
- Any other relevant information/discussion at the discretion of the referee.
- Coaches and players must produce their EXTRA Program ID cards.

The spirit of the meeting is to provide a reminder that the coaches and referee need to view themselves as a team that must “play together” to provide a positive experience for the players. It is also meant to be a visible reminder to players, parents, and spectators, that the adult volunteers running the match are exhibiting proper sportsmanship and thus setting the proper tone from the very beginning.

Additionally, Referees will have the discretion to temporarily suspend play in a match that is approaching or at the maximum goal differential, if in the opinion of the referee the differential is not being recognized or appropriately acted upon (this should not be interpreted as a mandatory stoppage at a certain point in play; this is totally at the referees’ discretion). This temporary halt in play, which, if taken, should occur at a natural stoppage, is for the purposes of conferring with both coaches on strategies to be employed to manage the remainder of the game in an ongoing sportsmanlike manner.

Cancelled games due to inclement weather will be rescheduled.

Referees will obtain and inspect coach and player ID cards to ensure appropriate participation. The referee will retain the IDs’ until the successful conclusion of the match. If there were no send offs (Red cards) the referee shall return the ID cards to the appropriate coach. If there was a send off the referee shall retain the ID card of the person sent off and forward to the Area EXTRA Program Coordinator within 24 hours with a referee misconduct report.

Referees will obtain both coach's signatures on the game card, provided to them by each coach, verifying the final score. The referee will send an email with the score and report to the EXTRA Referee Administrator no later than 48 hours following the end of the match

VII. REGIONAL ADMINISTRATIVE REQUIREMENTS

A. Regional EXTRA Program Staff

Each region must have an adequate number of experienced, trained, and certified volunteers to run an EXTRA program. Following is a list of positions required:

- Regional EXTRA Program Director (REPC)
- Regional EXTRA Program Referee Coordinator (RERC)
- Regional EXTRA Program Coach Coordinator (RECC)

Additional EXTRA Program positions at the Regional level are permitted and encouraged. The creation of such positions is at the discretion of the Regional Commissioner and the guiding principal shall be to ensure a top quality product within the Region.

The AEPC will be responsible for the EXTRA Program and is at all times accountable to the Area Director. Regional staff will be accountable to the AEPC, the AIPD, and to the RC.

B. Regional Staff Requirements - Authorization to Participate

Authorization by the Area Board is mandatory to be able participate the EXTRA Program. Regions must submit all required documentation with the application form to the Area to be reviewed and approved annually. Additionally, the Regions are responsible for ensuring that its volunteers acquire required training as outlined and attend all Regional and Area-mandated events (such as pre-season meetings, etc.)

The following items must accompany the EXTRA Program Application:

- Regional Guidelines for registration and player selection process.
- Verification that any EXTRA Program funds are separate from the Primary Program account (see below).

Authorization to continue to participate in the EXTRA Program is subject to the submission of required report forms by July 1 each year for review by the AEPC and subsequently the approval of the Area Director.

C. Regional Reporting Requirements

Game reporting is an important tool for Area Management to monitor the status of the program. The area schedule database makes game reporting a simple task to complete. As such, all Referees are required to complete an on-line game report not more than 48 hours after the completion of any game. If technological considerations occasionally make this impractical, a verbal report must be relayed to the AEPC and followed up with an online entry as soon as is technologically feasible.

The Area EXTRA Program staff and the Area Director of Inter-Regional Play will regularly monitor all game reports.

Should a game be postponed for any reason other than weather, authorization must be obtained from the Regional EXTRA Program Coordinator and a game report should be filed and the game shall be rescheduled as soon as possible and provided to the AEPC and the AIPD. The home team's Regional Referee Administrator must be notified.

Coaches are to be reminded by Regional Management that **cancellation of a match is not a decision that is in their purview, regardless of circumstances.** Only RC's in conjunction with the Field Owners, and/or the Center Referees are allowed to cancel or suspend any match.

NOTE:

Any Region failing to impose sanctions applied to any individual or Region (including game and/or session suspensions) will be subject to suspension from the EXTRA Program.

D. Regional Eligibility Requirements

This section outlines the items that must be in place at the Regional level prior to filing an application to run or participate in the EXTRA Program.

It is important to re-state that all of these requirements are consistent with AYSO guidelines; nothing new or arbitrary has been added. In the case of the EXTRA Program, these "regional guidelines" are raised to the level of "requirements" specifically because providing a common, consistent, and positive experience for all players and volunteers across all Regions is critical to the success of the EXTRA Program. Promoting inter-regional play (as in the EXTRA Program) requires that all participating Regions agree to abide by a common set of standards even where their own intra-regional practices or historical preferences differ.

The elements required for EXTRA Team program participation, which will be confirmed via an affidavit form to be submitted annually (see appendix) are:

Compliance with the National Coaching Policy and short-sided games program, including:

- In compliance with Area and Section requirements, e.g. dues paid, reports submitted, etc.
- All players must be registered with the NSTC and fees paid prior to the start of the most recent regular season
- Region must be chartered and in good standing.
- All Regions must monitor all EXTRA Program participation, to ensure compliance with all AYSO philosophies and it's Rules and Regulations, and Bylaws. Including player participation in the Primary Program.
- All Regional Commissioners are responsible for the timely reporting of EXTRA Program play to the EXTRA Program Management team as outlined in reporting requirements above.

E. Finances

Financial Responsibilities of the Regional Staff:

- If funds are collected to support EXTRA Team program activities at the regional level, the Regional Treasurer (or EXTRA Program Treasurer, if the Region wishes to create such a position) must set up and maintain separate general ledger accounts in accordance with the NAP account numbers for the EXTRA Program. A separate checking account may not be used.
- The EXTRA Program financials must be independent and funded separately from the primary program. Primary AYSO Registration funds shall not be used for EXTRA Program-related expenses.
- Reserves for this program should also be maintained and should include monies for items such as: equipment needs, training and camp needs, etc.
- All EXTRA Players and Volunteers must be registered at the NSTC and fees paid 28 days prior to the start of the season.

F. Fees

Fees to participate in the EXTRA Program are at the discretion of the regions. All fees must reflect EXTRA Program costs and not be used to build up a discretionary account. Each region will submit Area AYSO EXTRA program fees (if any) to the Area timely.

- For a Regional run Player Clinic system: all arrangements and fees are handled directly between the Region and the Player (parent), and Region and Trainer (Company).
- The Area Team Fees (if any) are due 2 weeks prior to the first training session of the fall session with eAYSO-generated team roster(s). Teams will not be added to the game schedule until fees are paid in full.

Region Fees

- Region fees for the EXTRA Program may be higher than those charged for the primary program. This is at the discretion of the region.
- The EXTRA team users of those fields must ultimately pay for any field use fees or other fees specific to EXTRA Program teams, not from the main Regional account.
- Regions are permitted (and encouraged) to share equipment and other Regional resources with the primary AYSO program.

Area Fees

The Area Director may charge fees for administering the program on a pro rata basis per team inclusive of travel cost associated with monitoring the EXTRA Program.

G. Adding and Dropping of Players

Adding players August-October

Submit the new roster prior to player participating in program, player numbers are not to exceed the number of players as outlined in this EXTRA Handbook prior to the player participating.

Dropping of Players August-October

Region must submit dropped player card and reason for leaving program, along with a program evaluation form (if possible) and new roster to the Area.

Adding a player March-May 15

Submit a new roster not to exceed the maximum number of players as outlined in the EXTRA Handbook prior to the player participating.

Dropping of Players March-May 15

Region must submit dropped player card and in writing the reason for leaving program, along with a program evaluation form (if possible) and new roster to the Area.

Adding a Player from May 15 to June

Players may only be added due to recorded player injury, illness or a family who moves from the region.

The player card of the player who leaves must be returned to the Area with a new roster before any new player can be added to the roster. The roster may not exceed the maximum player limit as outlined in the EXTRA+ Handbook.

VIII ADDITIONAL GAME MANAGEMENT

A. Player Substitution:

U-10, U-12 and U-14 games shall have a substitution opportunity midway through each half, at half time and in the event of injury. The half time break will be five (5) minutes.

B. Misconduct:

The Referee shall submit a written report all misconducts assessed during a match (i.e. yellow/red cards) to the local Regional EXTRA Program Referee Coordinator (RERC) that day. The RERC shall advise the Area EXTRA Program Coordinator (AEPC) of any such misconducts assessed during an EXTRA Play match no later than the Monday following such match. Any player who is sent off (red card) during an EXTRA Play match for violent conduct, serious foul play or foul/abusive language shall be immediately suspended for the following match (or longer, as provided below). Any player who is sent off (red card) during an EXTRA Play match due to conduct other than the foregoing (e.g. a second "yellow card") is subject to suspension as provided below. During the week following such misconduct and prior to the next scheduled match, the AEPC and AD will review the referee report and determine if a hearing is required.

The Referee shall submit a written report of misbehavior by the coaches during a match (i.e. warnings or being asked to leave the area) to the local Regional EXTRA Program Referee Coordinator (RERC) that day. The RERC shall advise the Area EXTRA Program Coordinator (AEPC) of any such misconducts assessed during an EXTRA Play match no later than the Monday following such match. Any coach who is asked to leave the area during an EXTRA Play match is subject to suspension as provided below. During the week following such misbehavior and prior to the next scheduled match, the AD and AEPC will review the referee report and determine if a hearing is required/

The AD and the AEPC are authorized to investigate any related incidents occurring before, during or after any EXTRA match. This includes actions on or off the field by players, coaches, parents and spectators. The AD and AEPC will determine if a hearing board is required to determine if disciplinary actions, up to and including suspensions of any persons, are warranted. This is independent of any actions taken by the local region.

Hearing Board: If deemed necessary, a hearing board comprised of the Area Director, Area Extra Program Coordinator, Area Extra Program Coach Coordinator, Area Extra Program Coordinator Referee and one neutral Regional Commissioner appointed by the Area Director shall review the incident and in the case of a mandatory minimum one match suspension, determine whether to impose a longer suspension period, and in all other cases, determine whether to impose a suspension and if so, for what duration.

A player serving a suspension and not in uniform may attend the team's next scheduled game as a spectator, but may not participate in any manner.

An adult serving a suspension may not be present at the game (including pre and post game activities) or participate in any manner.

In the event a suspended player or coach participates in a match for which he/she has been suspended, the game shall be recorded as a forfeit in favor of the opposing team. For each such event, the original suspension must be served at the next game played by the team, an additional one game suspension must be served at the following game, and the coach of such team must serve a one game suspension.

If the Referee terminates a game before completion because of actions by players, coaches and/ or spectators, the outcome of the game will be determined by the administration of the program.

If the game termination is due to actions by both teams, or if it is undetermined, the game shall be deemed a forfeit by both teams, and no points shall be recorded in the standings

The Area EXTRA Program Coordinator will publish a weekly Misconduct Report Summary – distribution to the Area Director(s), Region EXTRA Program Referee Coordinator, Region EXTRA Program Coordinators and Regional Commissioners. This report will list all cautions, send offs and information on other reports submitted by Referees and shall also list those suspensions that are to be served (by age division, player name, coach name, date and location

C. Suspended Game

If less than one-half of the regulation game time had been played at the time of the game suspension, the game will be rescheduled and played in its entirety at a later date and time. If the game is not rescheduled for any reason, the game shall stand as a NOT-PLAYED game, irrespective of the score at the time of game suspension

If a match is to be canceled due to weather (including unplayable field conditions), the home team coach is to call the visiting team coach at least two hours before the start of the match with the cancellation notification. It is possible that matches will be canceled at one hosting Region while matches are played at other Regions.

D. Maximum Goal Differential

A maximum goal differential in the score line of SIX is mandatory, i.e. no team may win a game by more than six goals e.g. 6-0, 7-1, 8-2, etc. It is the responsibility of the Regions to ensure that program coaches are well versed in the various means available to manage the goal differential in a match.

No team is required to stop scoring until the 6 goal difference is achieved; however there are no additional game points awarded past 3 goals. In the **spirit of the game**, the restriction of not having more than a 6 goal differential is a guideline the program utilizes to exhibit Good Sportsmanship, not the objective strived for.

Violations of any portion of this Good Sportsmanship policy will be reported to the AEPC.

Any coach allowing his/her team to exceed such a goal differential;

- For the first offense: Meet with the RC and REPC to issue a warning.
- For the second offense: One game suspension for the coach from the Program.
- For the third offense: Suspension for coach from the Program for remaining current session and next session.

E. Minimum Players Fielded

All teams must be able to field a minimum of 5 players for U10, and 7 players for U12 and U14. At such time, due to injury or removal, a team is unable to field the minimum number of players, the game will be abandoned and forfeit points will be awarded to the opposing team. At that point a "friendly" can/should be played evening the team with players. *–this way the kids get to play soccer.*

F. Game Start Times

All games will start no later than 10 minutes past their scheduled time. If at such time, one team is not able to field the minimum number of players, the match will be deemed abandoned and forfeit points will be awarded to the opposing team. Should an abandoned game be called, a friendly game is encouraged evening players.

G. Coach Responsibility

As noted above, coaches will be held responsible for any such behavior on the part of players, parents/spectators or any other individual associated with their team. If such behavior is cited in game reports and verified, a warning will be issued and the team/Region is expected to handle the situation as per AYSO Policy. Area reserves the right to impose sanctions as per the goal differential violation.

H. Team Standings

Referees will submit to the AEPC within 48 hours after a match has been completed a completed game card. The AEPC will post to the Area 6D web site results and keep standings up to date. Standings will be kept for each session (Fall and Spring) individually and for overall.

IX MISCELLANEOUS PROVISIONS

A. Items not specifically covered

Any questions or issues relating to the EXTRA Program not specifically answered or referenced in this document shall be considered to be answerable via the following resources, in order:

1. AYSO National Rules & Regulations, Bylaws, Policy Statements, and Standard Regional Guidelines
2. Area 6D Guidelines governing inter-regional play
3. The discretion of the Area Director, in consultation with the EXTRA Program Management Team.

B. Non-Area 6D Region Participation

It is understood that there may be teams from Regions outside of Area 6D that will be participating in the Area 6D EXTRA Program. Specifically, Area 6A may not have enough Regions and/or teams, already approved for their EXTRA Play Program, to play each other intra-Area. It is also understood that those Regions may choose a different method of selecting their coaches and players than what is required of Regions within Area 6D and as stated herein. This may also include those Regions and teams outside of Area 6D who have chosen a "Side by Side" system of player eligibility, as opposed to Area 6D Regions who have adopted a strictly "Concurrent" form of player eligibility.

Attachments:

Point System for Scoring
Exhibit 1 Age Guide
Regional EXTRA Program Affidavit
Regional EXTRA Teams Program Application
Coach Application
RSC guidelines
End-of-Season Survey



DETERMINATION OF TEAM STANDINGS:

Point system used to determine standings

Win	=	6 points	Examples:	1 - 0 win	8 points winning team
Tie	=	4 points		3 - 2 win	9 points winning team & 2 points losing team
Shut out=		1 points		2 - 2 tie	6 points for each team
Loss	=	0 points		0 - 0 tie	4 points for each team

Goal scored = 1 point each up to 3 per game

1 - 0 win by forfeit is equal to 8 points.

Tie-break for teams having the same amount of points will be based on the following:

1. Head-to-head result
2. Total # of wins
3. Least amount of goals against

Any team with a player that defaces any uniform will be penalized 1 standings point.

Any player sent off (red card) or coach who is dismissed from a match will at a minimum not be allowed to participate in the next match.



Exhibit 1

Division	Ages	Birth Date Range	
U-10	8-9	8-1-01 thru	7-31-03
U-12	10-12	8-1-98 thru	7-31-01
U-14	12-13	8-1-97 thru	7-31-99



AREA 6D Regional EXTRA Program Affidavit

Due by July 1, 2011

Please clearly print all information.

Area _____ Region _____ Regional Name _____

Area Director Name _____ Email _____ Phone _____

RC Name _____ Email _____ Phone _____

RC Address _____

RC City, State, ZIP _____

Regional Program Requirements:

____ All coaches Safe Haven Certified

____ All coaches Age Appropriate Trained

____ Kid Zone in place

____ Short-sided games at U6, U8, and U10 as prescribed by NCC.

____ Regional Annual budget forwarded to the AD and on file at NSTC by 6/30

____ Regional Assessment Program completed and submitted to AD by deadline.

____ EXTRA Program funds separate from primary program funds

____ All Area and Section requirements complied with by deadline dues, reports, paperwork, etc

____ All players and volunteers registered with NSTC and national player fees paid prior to the first training session.

____ EXTRA Program monitoring and reporting procedures in place.

____ Primary Trainer Schedule and monitoring procedure in place.

I certify that all of the above is correct and that the region will comply with all AYSO rules, guidelines and policies.
The region will also comply with all EXTRA Program requirements.

AD Signature

Date

RC Signature

Date



AREA 6D
Regional EXTRA Program Application
Please clearly print all information.

Due by July 1, 2011

EXTRA Program Coordinator _____

Area D Region _____ Regional Name _____

Area Director Name _____ Email _____ Phone _____

RC Name _____ Email _____ Phone _____

RC Address _____

RC City, State, ZIP _____

Regional Program Requirements:

_____ *All EXTRA Coaches Safe Haven Certified and Age Appropriate Trained –starting at U12 Certified*

_____ *Certified Referees will be available for each home game.*

_____ *EXTRA Program funds separate from primary program*

_____ *All EXTRA Program monitoring and reporting procedures in place.*

EXTRA Program Division

Enter expected number of teams in each division.

_____ **U10B** _____ **U10G**



AREA 6D

EXTRA Program Coach Application

Please note that this is an application only and there is no guarantee that you will be selected as an EXTRA Program coach.

Please clearly print all information.

Name _____ Region _____

Address _____

City, State, ZIP _____

Home Phone _____ Work Phone _____

Email _____ Cell Phone _____

Coach Requirements: U12 youth coach certification or above, Intermediate Coach Certification for U14, Advanced or National Coach Certified for U16 and U19, Safe Haven certified, Current Volunteer Application on file at NSTC

Division applied for _____

Coaching Level Certified _____

Years experience as EXTRA Coach _____

Years experience as Primary Program Coach _____

If selected to coach an EXTRA Program team, I will support and comply with all of AYSO's rules, guidelines and policies as required by AYSO and the EXTRA Handbook.

Applicant Signature Date

This coach is approved by Region _____ to coach in the Area 6D EXTRA Play Program.

Regional Coach Administrator Date

Regional EXTRA Program Coordinator Date

Regional Commissioner Date

All of the above signatures required. When complete, Regional EXTRA Program Coordinator must submit the form to Area EXTRA Program Coordinator.



Regional Sportsmanship Committee:

Purpose: to oversee all spectator behavior and maintain a garbage-free area after each home game. Also, where regionally necessary assist with the field equipment (taking down of nets, collecting and storing of nets and corner flags, etc)

Each region will have a volunteer committee comprised of EXTRA parents that will rotate the responsibility of monitoring Good Sportsmanship i.e., positive cheering only, no coaching, no negative words or actions, no negative interaction, with other spectators at every home game and be available as a resource during away games.

Responsibilities:

Each home game would require two home-team parents to monitor the spectator sidelines for Good Sportsmanship. The RSC members for that game would report to the Center Referee any negative findings. The RSC would also be responsible for making sure the spectator side of the field is clean of refuse, and assisting with the field flags and nets.

Good Sportsmanship Criteria: Everyone needs to remember that these players are kids, starting at 8 years old, and that AYSO is the world's most child-focused youth sports program.

- Positive Cheering –either for their team or both teams. No negative words or actions
- No Coaching from the sideline –Players receive professional training for 2 hours each week, and are given objectives to strive for and then receive tactical coaching from the team coach prior to stepping on the field. They do not need any supplemental coaching from a spectator while playing that may confuse or contradict what they have already been coached to do.
- Cleaning Up after themselves, not leaving garbage at the field.
- No engaging in confrontational behavior either before, during or after the game with any volunteer, player or parent.

Actions the RSC can/should take:

If the spectator is from your region, one member from the RSC will remind that person verbally what their responsibility is and what they agreed to by signing the Kid Zone Pledge.

If the spectator is not from your region, ask another spectator from that region to identify a member of the RSC from their region and have a conversation with the visiting RSC member. The RSC from the spectators region will then remind that spectator verbally what their responsibility is and what they agreed to by signing the Kid Zone Pledge.

If behavior is persistent, report the incident to the Center Referee and your EXTRA coordinator. See Section III, Good Sportsmanship

Never engage in any conversation that would result in escalation of the negative behavior.

Each RSC may want to carry a Kid Zone pledge with them.

Only one RSC member should approach a negative-acting spectator as to not “gang up” on them.

There should be at least two non-related RSC members at each game, active for home and spectator for visitor.

Each RSC should have one primary parent assume the “lead coordinator” to ensure coverage and to be the primary problem solver for their region. No EXTRA-coach should be a member of the RSC.



AREA 6D EXTRA Program

End of Season Survey For
Parents, Players, Coaches and Referees

Please answer the following questions by circling your answer or filling in the blank. If you need additional space for your answer, add additional pages.

Your position _____ Number of years involved with AYSO _____

1. Was the AYSO EXTRA Program well received in your Region?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

2. Describe the attitude of the EXTRA Program Players (Please comment about sportsmanship, competitiveness)? _____

3. Describe the attitude of the EXTRA Program Coaches (Please comment on sideline behavior, sportsmanship, conduct toward referees, knowledge and adherence to the AYSO philosophies)?

4. Describe the attitude of the EXTRA Program Parents (Please comment on sideline behavior, sportsmanship, knowledge and adherence to the AYSO philosophies, interaction with the players)?

5. Do you believe that the EXTRA players' skills improve faster than the primary season players?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

6. Do you feel that the more skilled EXTRA Play players in your region/area/section are staying with the program rather than leaving to join outside soccer programs?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

7. Rate the coaches who are assigned to the team(s).

Please comment on skill, conduct, and knowledge of the game

Using a 1- 5 scale, 5 the highest, 1 the lowest

Skill:	5	4	3	2	1
Conduct:	5	4	3	2	1
Knowledge:	5	4	3	2	1

8. Rate the referees who officiated the EXTRA Play games in your Region/Area.

Please comment on the referee's knowledge of the Laws, application of the laws, foul recognition, ability to control the level of play, made it a win-win for players, coaches and referees, etc

Using a 1- 5 scale, 5 the highest, 1 the lowest

Knowledge:	5	4	3	2	1
Application:	5	4	3	2	1
Foul Recognition:	5	4	3	2	1
Ability:	5	4	3	2	1
Win-Win Situation:	5	4	3	2	1

9. Do you believe that the player selection and team assignments were done efficiently and fairly in your program?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

10. Do believe that the EXTRA coaches were selected fairly?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

11. If your region rostered two EXTRA teams, were they balanced within your age division?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

12. Do you believe that the EXTRA Program adhered to all AYSO philosophies?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

13. Do you feel that the EXTRA participants were treated in the same manner as the primary program participants?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

14. Do you feel that the EXTRA program did not affect the regular AYSO program in a negative way?

Strongly Agree Agree Uncertain Disagree Strongly Disagree

15. What one thing would you add or change to improve your EXTRA Program EXTRAerience?

16. Do you plan to participate in the EXTRA Program next season?

Yes No explain _____

Additional Comments/Suggestions:
